

Ready, Steady, Marry

Ready, Steady, Marry uses “The Marriage Preparation” Course and is for any couple [preparing for Marriage](#) and wanting to build strong foundations for a lasting relationship..

It covers:

1. Expressing feelings and learning to listen.
2. The importance of commitment.
3. Resolving conflict.
4. Keeping love alive and developing a fulfilling sexual relationship.
5. Talking about goals, values, hopes and dreams.

The course is hosted by a support couple who will meet with you and guide you through the 5 inter-active video sessions, each one lasting about 2 hours.

Their role is one of encouragement and support.

Ready, Steady, Marry is available at any time of the year. Cost: £25

Interested?

Contact: Colm Black

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The Marriage Preparation Course has been developed by Alpha International, Holy Trinity Brompton, London.

www.themarriagecourse.org