

Couple-2-Couple

An opportunity to [give your relationship an MOT](#). Couple-2-Couple will give you a snapshot of your relationship. Meeting with a support couple, you and your partner will fill in a questionnaire (an Inventory) and in the weeks following (5-6 at the most) you will be guided through discussions based on your responses. These will highlight the [areas of strength to be celebrated](#) plus [areas of growth, needing attention](#). The support couple's role is to guide you through the discussions in a structured and safe environment. You and your partner do the real work together.

Who Is It For?

1. Couples preparing for marriage.
2. Married couples.
3. Unmarried couples with / without children.
4. Co-habiting couples with / without children.
5. Older couples (50+) planning to marry or facing a life transition.

What the Couples said.

- “When we learned some new skills and had informal support from an older married couple [our marriage turned around](#).”
- “The experience has given us more confidence. It helped us [focus beyond the wedding to the marriage](#).”
- “We had been together eight years and the mentoring allowed us to [talk about issues](#) which otherwise would not have been talked about.”

Couple-2-Couple is available at any time
of the year.

Cost: £25 per couple.

Contact: Colm Black 01463 233310 / 07746 770 695

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uses “Prepare / Enrich”

www.prepare-enrich.co.uk

and

“FOCCUS”

www.foccus.co.uk